

## ***Martin M. Parker, Psy.D.***

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FOR IMMEDIATE RELEASE

### UNDERSTANDING PSYCHOLOGY,

A new college textbook and companion study guide  
by Martin M. Parker, Psy.D. and Richard Ettinger, Ph.D.

Dr. Parker is a Clinical Lecturer at the Center for Applied Psychological Studies (The Family Institute) at Northwestern University in Evanston, IL. He is the author of numerous workbooks and articles, and Understanding Psychology is his first textbook.

Understanding Psychology is a comprehensive overview of the scientific field of psychology and would be a very useful college level textbook. Included with the textbook is a companion study guide with exercises and questions for each chapter in the book.

The textbook includes a complete History of Psychology as well as key emphasis on: Psychopathology, Stress, Drugs, and Behavior.

Dr. Parker has over 30 years of experience as a consultant, counselor and educator to numerous corporations, academia, and the U.S. Navy. He uses his coaching skills nationally in working with numerous Fortune 500 companies and non-profit organizations. He has appeared on TV and radio discussing the ways drugs can hurt you. Martin supervises both undergraduate and doctoral practicum students. In addition to his teaching at The Family Institute at Northwestern University, he is Adjunct Professor of Psychology at Harper College. Martin taught Substance Abuse Strategies at Barat College in Lake Forest, IL.

Martin holds a Masters in Counseling Psychology from Illinois Institute of Technology and a Doctorate in Clinical Psychology from the Adler School of Professional Psychology. He is a full member of the California Psychological Association, the National Association of Addiction Counselors, and the American Psychological Association.

Dr. Parker is a licensed Psychologist, College Professor, Certified Addictions Counselor, Coach and Board Registered (dual diagnosis) professional.

Dr. Richard Ettinger is a Professor of Psychology at Eastern Oregon University where he has published research articles on the development of an anti-cocaine antibody that blunts cocaine effects. Before his position at EOU he studied neuroscience as an NIH postdoctoral fellow at Duke University. He earned his Ph.D. in Experimental Psychology from Washington State University.

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If you'd like more information about this topic, or would like to schedule an interview with Dr. Parker, please call Terry Arthur at 310-598-6270 or e-mail Terry at: [tarthur73@mybackoffice.ws](mailto:tarthur73@mybackoffice.ws)